

Autumn Term Menu 2026

FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD

01st - 04th Sept,
28th Sept - 02nd Oct,
09th - 13th Nov, 7th - 11th Dec

Monday

Hot dogs (chicken pork, **V or Vegan**, with **potato wedges and sweetcorn or slaw**. Fresh fruit salad or Llaeth y Llan yogurt

Tuesday

Chicken or **vegetables in a tikka masala sauce, with rice and mini naan bread**. Apple crumble and custard.

Wednesday

Cheese and tomato pizza with herby potatoes, sweetcorn and coleslaw. Chocolate delight.

Thursday

Roast chicken or **potato falafel with seasonal vegetables and roast potatoes**. Blueberry muffin.

Friday

Breaded cod fillet or **cheese and leek potato pie with oven baked chips and beans**. Vanilla ice cream.

07th - 11th Sept, 05th - 09th Oct,
16th - 20th Nov

Monday

Quorn bolognese with garlic bread, pasta and cheese. Fresh fruit salad or Llaeth y Llan yogurt.

Tuesday

Chicken or **vegetable korma with rice or mini naan bread**, Chocolate sponge pudding and custard,

Wednesday

Sausage selection (pork, chicken or **Glamorgan**) served with **mashed potatoes, peas, carrots and onion gravy**. Fresh strawberry jelly.

Thursday

Cottage Pie (beef or **Quorn**) served with crusty bread, mixed vegetables & gravy. Banana custard.

Friday

Fish cakes with Chinese style curry sauce, oven baked chips peas or beans. **Cheese and beans on toast**. Choc ice.

14th Sept - 18th Sept,
12th - 16th Oct, 23rd Nov - 27th Nov

Monday

Cheese and tomato pasta bake with peas, sweetcorn, salad and garlic bread. Fresh fruit salad or Llaeth y Llan yogurt.

Tuesday

Chilli con carne or **three-bean chilli with rice and nachos**. Chocolate doughnuts.

Wednesday

Roast chicken or Lamb with potatoes and seasonal vegetables or **spinach and lentil bake**. Jam sponge pudding with custard.

Thursday

Shawama Chicken served with a falt bread mint & cucumber dip, salad & wedges or **Grilled Halloumi flatbread**. Chocolate chip mini muffin.

Friday

Breaded haddock with oven baked chips, peas or beans and **jacket potato selection**. Fruit ice lolly.

21st - 25th Sept, 02nd - 06th Nov,
30th Nov - 04th Dec

Monday

Chicken goujons or **vegetable bites with new potatoes and seasonal veg or salad and couscous**. Fresh fruit salad or Llaeth y Llan yogurt.

Tuesday

Sausage selection (pork, chicken or **Glamorgan**) served with **mashed potatoes, peas, carrots and onion gravy**. Chocolate sponge pudding and custard.

Wednesday

Stir-fry noodle pots (chicken or vegetable) with rice. Mandarin orange jelly.

Thursday

Mac n Cheese with broccoli or salad and garlic bread. Chocolate bownies

Friday

Cod fish star or sausage (including **quorn**) with **oven baked chips and beans**. Vanilla ice cream.

A special menu of favourite dishes will be offered in the last week of term. Additional bread and salad included in all main meals. Dishes which are suitable for vegetarians are indicated in green. Further information and full allergy information is available from our Catering Manager, Mrs Ruth Clarke at ruthclarke@kingsmonkton.org.uk. Grab bags, fruit pots, a snack counter and a full salad bar are available every day.